

*Join us on*  
**SATURDAY JUNE 21ST**  
**FOR THE 1ST ANNUAL WINDMILL**  
**ADVENTURE CHALLENGE**  
*at Whitewater Village*  
Just one hour west of Ottawa!

Hosted in one of Ontario's most beautiful natural playgrounds, this Adventure Challenge is an event your whole family can enjoy! Form your adventure team or register as an individual - there is no better landscape to test your physical limits and have a great time in the outdoors!

In addition to running, cycling and paddling, there will be a number of obstacles that will require problem solving, teamwork and a great attitude! Be prepared to get wet & dirty!

**EARLY BIRD TEAM REGISTRATION STARTS AT \$95!**

*Every finisher will get a medal and be entered for the chance to win one of these incredible door prizes such as a weekend stay in a 3-bedroom waterfront cottage or a family-rafting package at Wilderness Tours!*

## Race Details

Three Elements – Any Order!	Fun Course	Long Course
Lake Paddle – any craft	1 km	2.5 km
Mountain Bike trail ride	5 km	15 km
Trail Run & Obstacles	1km	5 km

## Team Requirements

Assemble a team of 2 – 5 people to conquer these challenges together! Teams with children (5-11 yrs) will require an adult team member, and will compete in the Fun Course. There will be 3 obstacles in the Fun Course and 5 in the Long Course.

## Event Schedule

Race Kit pick-up/Check-In ..... 7:30 AM - 9:30 AM  
 Start ..... 10:00 AM  
 Beach BBQ ..... 11:30 AM - 2:30 PM

Pair this event with a rafting weekend to start your summer off right! Incredible package deals available for race registrants and their families! Contact Wilderness Tours, Canada’s Top Adventure Resort, at 613.646.2241, or visit [www.wildernesstours.com](http://www.wildernesstours.com) to find out about more about these special rates.

*A portion of your registration fees will be donated to Christie Lake Kids, an organization that provides social recreation programming to economically disadvantaged children and youth from Ottawa.*

**VISIT [WWW.WHITEWATERVILLAGE.CA](http://WWW.WHITEWATERVILLAGE.CA) TO REGISTER ONLINE!**



For more information about the event and sponsorship opportunities, please e-mail: [WWVAdventureChallenge@gmail.com](mailto:WWVAdventureChallenge@gmail.com)



Minimum age requirement of 5 years old to participate in race.